

Registration Form

Deadline: August 1, 2010

Send Registration Form with payment to:
Georgia Mental Health Consumer Network
246 Sycamore Street, Suite 260
Decatur, Georgia 30030

Name

Address

City, State, Zip Code

Area Code and Telephone Number

Email Address

Region/CSB/County

Please check lodging preference:

_____ Camp-type Cabin @ \$190.00 per person.
The cabins are rustic with bunk beds and
sleep 6-12 people. No top bunks will be
assigned.

_____ Hotel room (double) @ \$300.00 per person.
This price is based on sharing the room with
another person. Please tell us who you
would like for a roommate. **If no roommate
is requested, one will be assigned.**

Roommate Preference

_____ Hotel room (single) @ \$365.00 Please note
there are a limited number of single rooms
available. Rooms will be assigned on a
first-come-first-served basis.

_____ Conference Only @ \$110.00
Wednesday & Thursday, No lodging

_____ Wednesday Only @ \$85.00

_____ Thursday Only @ \$25.00

_____ Scholarship Requested.

The Georgia Mental Health
Consumer Network
246 Sycamore Street
Suite 260
Decatur, GA 30030

resiliency

MOVING
FORWARD WITH
RECOVERY AND
WELLNESS



**19th Annual Summer Conference
August 24-26, 2010**

**The Georgia Mental Health
Consumer Network**

Epworth by the Sea
St. Simon's Island, Georgia

Conference Information

Conference Date
August 24-26, 2010

Conference Location
Epworth By The Sea
St. Simons Island, Georgia

Registration Deadline
All Registration Forms must be received on or before August 1, 2010

Conference Check-In
Check-in will begin at Epworth on Tuesday, August 24th at 2:00 pm in Strickland Auditorium

PLEASE NOTE: Everyone is responsible for their own lunch on Tuesday. Supper is included in the conference cost.

Conference Questions
All questions regarding the 2010 Conference should be directed to the Georgia Mental Health Consumer Network office:
Tel: (404) 687-9487
1-800-297-6146
Fax: (404) 687-0772
E-mail: lynn@gmhcn.org

PLEASE NOTE ANY SPECIAL ACCOMMODATIONS NEEDED:

Accommodations

All lodging includes two nights stay, meals & conference fees.

Cabins - \$195.00 per person. Single-bed, air-conditioned. Linens are provided.

Hotel Room (Double) - \$300.00 per person. Please specify roommate preference on Registration Form.

Single Hotel Room - \$365.00. There are a limited number of single rooms available. They will be assigned on a first-come, first-served basis.

If No Lodging is Needed the conference registration fee is \$110.00/per person (includes lunch both days)

Wednesday Only
(lunch included, no lodging)
\$85.00/per person

Thursday Only
(lunch included, no lodging)
\$25.00/per person

OTHER LODGING
Any lodging other than at Epworth By The Sea is the responsibility of the individual wanting to stay off campus.

SPECIAL NEEDS/ACCESSIBLE ACCOMMODATIONS ARE LIMITED AND MUST BE REQUESTED AT THE TIME OF PRE-REGISTRATION

Highlights

Keynote Speaker Kathy Muscari, PhD
West Virginia Mental Health Consumers Association/
CONTAC
Will present on Gratitude

Keynote Speaker Charles Willis, CPS
Georgia Mental Health Consumer Network
Statewide Peer Wellness Initiative
Will present on Resiliency

Keynote Speaker Larry Fricks
Director, Appalachian Consulting Group
Cleveland, Georgia
Will present on The National Memorial

Traveling Exhibit
The Gardens at Saint Elizabeths:
A National Memorial of Recovered Dignity
Sponsored by OptumHealth

Workshops
Social Security & Returning to Work—Sally Atwell
Spirituality and Recovery—Mark Baker, CPS
Eating Healthy—Donna Silva, CPS
Double Trouble in Recovery—Gail Herrschaft, CPS & Gena Brock, CPS
Wellness with Diabetes & Hypertension—Julie Spores, CPS
Hands on Art Workshop—Charlotte Cameron
Georgia Peer Support Institute Projects—Danton Sealy and GPSI Grads
The Relaxation Response—Charles Willis, CPS
A Happy Life in Recovery—Linda Haney, CPS
Life After Mental Illness: From Patienthood to Personhood—Yvette Sangster
Wellness & Exercise—Stuart Perry, CPS
MCG Project GREAT—Denise Noseworthy, CPS & Wesley Seabolt, MD
Recovery Through Gardening—May C Brown
Zentangle—Kathy Muscari, PhD
Bouncing Back—Linda Welch, CPS
Person Centered Planning for Wellness & Recovery—Linda Buckner, CPS

Consumer Art Show

Dance & Karaoke

Adult Mental Health Services Update