

## Registration Form

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**Deadline: August 1, 2009**

Send Registration Form with payment to:  
Georgia Mental Health Consumer Network  
246 Sycamore Street, Suite 260  
Decatur, Georgia 30030

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Name

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Address

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City, State, Zip Code

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Area Code and Telephone Number

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Email Address

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Region/CSB/County

Please check lodging preference:

Camp-type Cabin @ \$190.00 per person.  
The cabins are rustic with bunk beds and  
sleep 6-12 people. No top bunks will be  
assigned.

Hotel room (double) @ \$300.00 per person.  
This price is based on sharing the room with  
another person. Please tell us who you  
would like for a roommate. **If no roommate  
is requested, one will be assigned.**

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Roommate Preference

Hotel room (single) @ \$360.00 Please note  
there are a limited number of single rooms  
available. Rooms will be assigned on a  
first-come-first-served basis.

Scholarship Requested.

The Georgia Mental Health  
Consumer Network  
246 Sycamore Street  
Suite 260  
Decatur, GA 30030

# PEERS SUPPORTING PEERS: HEAD TO TOE WELLNESS



18th Annual Summer Conference  
August 18-20, 2009

The Georgia Mental Health  
Consumer Network

Epworth by the Sea  
St. Simon's Island, Georgia

## **Conference Information**

**Conference Date**  
August 18-20, 2009

**Conference Location**  
Epworth By The Sea  
St. Simons Island, Georgia

**Registration Deadline**  
All Registration Forms must be received on or before August 1, 2009

**Conference Check-In**  
Check-in will begin at Epworth on Tuesday, August 18th at 2:00 pm in Strickland Auditorium

PLEASE NOTE: Everyone is responsible for their own lunch on Tuesday. Supper is included in the conference cost.

**Conference Questions**  
All questions regarding the 2009 Conference should be directed to the Georgia Mental Health Consumer Network office:  
Tel: (404) 687-9487  
1-800-297-6146  
Fax: (404) 687-0772  
E-mail: lynn@gmhc.org

**PLEASE NOTE ANY SPECIAL ACCOMMODATIONS NEEDED:**

## **Accommodations**

All lodging includes two nights stay, meals & conference fees.

**Cabins** - \$190.00 per person. Single-bed, air-conditioned. Linens are provided.

**Hotel Room (Double)** - \$300.00 per person. Please specify roommate preference on Registration Form.

**Single Hotel Room** - \$360.00. There are a limited number of single rooms available. They will be assigned on a first-come, first-served basis.

**If No Lodging is Needed** the conference registration fee is \$110.00/per person (includes lunch both days)

**Wednesday Only**  
(lunch included, no lodging)  
\$85.00/per person

**1-Day Rally**  
(lunch included, no lodging)  
\$25.00/per person

**OTHER LODGING**  
Any lodging other than at Epworth By The Sea is the responsibility of the individual wanting to stay off campus.

**SPECIAL NEEDS/ACCESSIBLE ACCOMMODATIONS ARE LIMITED AND MUST BE REQUESTED AT THE TIME OF PRE-REGISTRATION**

## **Highlights**

**Keynote Speaker Peggy Swarbrick, PhD, OTR, CPRP**  
Institute for Wellness and Recovery Initiatives  
Freehold, New Jersey  
Will present on Wellness & Transforming Ourselves & Our Peer Services

**Keynote Speaker Gayle Bluebird**  
Coordinator, Peer Networking OTA  
NASMHPD  
Gainesville, Florida  
Will present on Using the Arts to Create Sanctuary

**Keynote Speaker Larry Fricks**  
CEO, Appalachian Consulting Group  
Cleveland, Georgia  
Will present on The National Memorial: Ashes to Advocacy

**Keynote Speaker**  
Georgia Department of Behavioral Health & Developmental Disabilities

**Workshops**  
Peer Support Whole Health: 3 Workshop Track  
Social Security & Returning to Work—Sally Atwell  
Medicaid Buy-In  
Spirituality and Recovery—Mark Baker  
SPWI--Whole Body Wellness--Charles Willis  
Double Trouble in Recovery—Gail Herrschaft & George Burgess  
Wellness Lifestyles: Health Issues—Julie Spores  
Hands on Art Workshop—Charlotte Cameron  
Georgia Peer Support Institute Projects  
The Relaxation Response—Bob Patterson  
Haven't Got Time for the Pain—Linda Haney  
Working With People in a Holistic Way—Yvette Sangster  
Wellness & Exercise—Stuart Perry  
HIV Awareness/Prevention—Carol Bass  
Supported Employment—Mary Shuman  
Poverty, Housing & Wellness—Peggy Swarbrick  
Project GREAT—Denise Noseworthy  
Back to School—Kim Pennell  
Employment and Recovery—Rich Toscano  
Trauma Recovery--Tommy Hayes  
Comfort Rooms—Gayle Bluebird  
Peer Support & Veterans--Margaret Adams

**Consumer Art Show**

**Dance**

**Adult Mental Health Services Update**  
**Olmstead Recognition--Lois Curtis**