

What can we learn from people who hear voices?

A panel discussion with Gail Hornstein, Jacqui Dillon, Gina Nikkel, Caroline White and Marty Hadge

Please join us for a lively panel discussion exploring how insights from people who have been diagnosed with psychiatric illnesses are raising fundamental questions about mental health, community and human experience

What is the Hearing Voices Network?

People who hear voices, see visions, or experience other unusual perceptions or thoughts have long been diagnosed as psychotic and given a poor prognosis.

For the past 25 years, the Hearing Voices Network (HVN), an international collaboration of professionals, people with lived experience, and their families and friends has worked to develop an alternative approach to coping with voices, visions, and other extreme states that is empowering and useful, and does not start from the assumption of chronic illness (see www.hearing-voices.org, www.hearingvoicesusa.org, www.intervoiceonline.org, www.OurVoicesRaised.org).

Hearing Voices Peer Support groups are transforming the lives of people all over the world, allowing them to understand and cope with experiences that may long have confused or frightened them. Many have spent years in the psychiatric system yet are still suffering. These groups offer a *crucial alternative*, allowing the transformational power of relationship to foster a deeper understanding of personal experience.

COME AND LEARN A NEW WAY OF THINKING!



Wednesday, April 5th, 2017

7:00PM—8:30PM

Decatur Library

215 Sycamore Street

Decatur, GA 30030

tel: 404.370.3070

Panel Members:

Gail A. Hornstein is Professor of Psychology, Mount Holyoke College, and author of *Agnes's Jacket: A Psychologist's Search for the Meanings of Madness*

Jacqui Dillon is National Chair, Hearing Voices Network, England, and co-editor of *Living with Voices, An Anthology of 50 Voice Hearers' Stories of Recovery*

Gina Nikkel is President & CEO, Foundation for Excellence in Mental Health Care

Caroline White is Training Coordinator, and **Marty Hadge** is Project Trainer of the Hearing Voices Research and Training Project, which is sponsoring this event



Dr. Gail Hornstein