

# OUR GPSI EXPERIENCES

## UPCOMING EVENTS

### GMHCN Board Meetings

#### Conference Call

July 13, 2017

#### Face to Face Meeting

St. Simon's Island, GA  
August 21, 2017

#### Board Retreat

Cordele, GA  
October 19 and 20, 2017

### GMHCN Summer Conference

Epworth by the Sea  
St. Simons Island, GA  
August 22 - 24, 2017

### GA School of Addiction Studies

Savannah, GA  
August 28 - September 1, 2017

### CPS Trainings

Columbus, GA  
September 11-15; 18-21, 2017  
Savannah, GA  
October 16-20; 23-26, 2017  
Atlanta, GA  
December 4-14; 11-14, 2017

### Alternatives 2017

Boston Park Plaza  
Boston, MA  
August 18-21, 2017

### Georgia Peer Support Institute

Epworth by the Sea  
St. Simons Island, GA  
November 8 - 10, 2017

### Georgia Consumer Council

Memorial Service  
Milledgeville, GA  
October 1, 2017

When I first became coordinator of the Georgia Peer Support Institute, I didn't realize the impact it would have on me. It has been such an amazing experience! Being able to support fellow peers learn that recovery is possible has been life changing. It is a blessing to have the opportunity to meet so many wonderful peers and to spread the message of recovery. This project has supported so many people, including myself, and I am forever grateful to be a part of it. Thank you to everyone I have met through this project for making this experience so great. I look forward to meeting the future GPSI graduates and the chance to continue sharing the spark of hope in recovery. – *Michelle Wade, CPS, GPSI Coordinator*

Attending the GPSI training was insightful and delightful. I felt so needed in the community after the instructors taught us how the stigma surrounding mental illness takes a crippling blow when we reach out to our peers by sharing the recovery tools we learn. I learned that every human being has something valuable to share with the world around us, especially us who are conquering our mental health diagnosis. – *Musa Lang, Spring GPSI 2017*

I would like to say thank you to everyone that gave me the opportunity to attend the GPSI training in Saint Simons Island, GA. I really learned a lot during the three days that I was there. I learned how to deal and cope with everyday life. I am definitely taking back to my community what I learned from GPSI. - *Kristy Dodson, Fall GPSI 2016*

I had a great experience at GPSI. The class was informative and engaging. I liked being around my peers and having that feeling acceptance. Going to the class also helped me destroy some of the stigma that I carry everyday about my own illness. I also needed a break and get away, it gave me that.... If you go I promise you will enjoy it.– *Terry Neal, Spring GPSI 2017*





Georgia Peer Support  
Institute is funded by DBHDD

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I learned so much from each and every one of the workshops and peers. It was an absolute blessing! - *Hope Lam, Spring GPSI 2017*

My experience at the GPSI seminar was awesome!!! I met some great people and the staff were so nice;) The Hotel was very nice and the food was so good! I learned a lot in a short amount of time and would definitely recommend this for those going for their CPS. Thank you all to the staff of GMHCN. - *Angela King, Spring GPSI 2017*

My experience at GPSI was good. I met different people who had things they felt they couldn't control, but the GPSI program helped put people's lives back in order. I learned it's okay to make mistakes and to learn from them. I also learned that I am not the only one to make mistakes. GPSI was a great experience that I will always keep with me. - *Quentin Pressley, Spring GPSI 2017*

*The Georgia Peer Support Institute is a project of the Georgia Mental Health Consumer Network and funded through a contract with the Department of Behavioral Health and Developmental Disabilities.*