



TRAINING ANNOUNCEMENT

Whole Health Action Management (WHAM) Training Program

The Georgia Mental Health Consumer Network (GMHCN) is happy to report that funding has been made available through the Georgia Department of Behavioral Health and Developmental Disabilities. Through this initiative, GMHCN will train Certified Peer Specialists (CPS) to become Whole Health and Wellness Coaches. The training provided will be the Whole Health Action Management (WHAM) Training.

Purpose: The primary goal of this training is to teach skills to support peers to better self-manage chronic physical health conditions, and mental illnesses and addictions, to achieve whole health. Whole health is defined as having a healthy mind and body.

There are two major components to the WHAM 2-day, 10-session training. The first component uses a person-centered planning process with 10 health and resiliency factors to assist a person with creating a concise whole health goal to begin the self-management process. The WHAM training also focuses on developing mind-body resiliency to promote self-management skills.

Participation in the training means participants agree to:

- Work on a whole health goal.
- Engage in peer support to reach your whole health goal.
- Pass a certification test, which will be administered at the end of the 2-day training.
- Engage peers in setting whole health goals and supporting them with achieving their goals.

Audience: This training is intended only for Georgia Certified Peer Specialists. Preference will be given to CPSs currently working directly with peers in Peer Support and other community based services.

Presenters: Experienced facilitators from the National Council for Behavioral Health will conduct the training.

Please Note: This is a two-day training and participants selected for this training are required to attend **both days**.



Logistics: Check in will be available at the **Radisson Hotel Atlanta-Marietta, 1775 Parkway Place SE Marietta, GA 30096 after 3 pm**. A single room will be reserved for you for the nights of July 10th and 11th, 2018. A continental breakfast will be provided at the hotel. The training site is in the conference room of the hotel. Lunch will be provided at the training site. If you have special dietary needs such as gluten free, diabetic, etc. Please bring required foods items with you. Refrigerator and microwave will be provided upon request. A per diem will be provided to cover the cost of dinner for Tuesday and Wednesday nights. The per diem will be issued on the first day of training.

Training Dates

Location

Wednesday, July 11, 2018

8:30 am – 4:00 pm

and

Thursday, July 12, 2018

8:30 am – 3:30 pm

Radisson Hotel Atlanta-Marietta

1775 Parkway Place SE Marietta, GA 30096

(770) 420-3533

<https://www.radisson.com/marietta-hotel-ga-30067/usaanga>

Costs: Selected participants will receive full scholarships to attend the training. Scholarships include mileage reimbursement, registration fees, two nights of lodging, and meals.

Application: Please complete the application form as soon as possible; mail, fax, or email to:

Georgia Mental Health Consumer Network

246 Sycamore Street, Suite 260

Decatur, GA 30030

Fax: (404) 687-0772

Email: nigel@gmhcn.org

Registration: Applicants will be notified only if they are selected to attend the training.

Contact: For more information, contact Nigel or Denise at GMHCN: (404) 687-9487 or toll free at 1-800-297-6146.

Note: Application starts on the next page.



APPLICATION

Whole Health Action Management (WHAM)

Peer Support Training Program

July 11th & 12th, 2018 – Radisson Hotel Atlanta-Marietta

Please fill out the application completely to be considered for the training.
Applicants will be notified only if they are selected to attend the training.
Application deadline is June 19th, 2018.

Name _____

Home Address _____

City _____ County _____ Zip Code _____

Day Phone (____) _____ - _____ Evening Phone (____) _____ - _____

Cell Phone (____) _____ - _____ Email Address _____

Please check and complete the appropriate space(s):

I am a Georgia Certified Peer Specialist

I have transportation to hotel

I currently work at:

Program Name: _____

Agency Name: _____

Agency Address: _____

City _____ County _____ Zip Code _____

Agency Telephone (____) _____ - _____

Position Title: _____